

Authenticity & Career Choices: Why who you are matters

Tutor	Franziska Liese unweit - Coaching Training Modera<on
Organization	Graduate Academy
Language	Englisch or German (upon request)
ECTS-Points	1 (Certificate available upon request with a minimum of 80 % attendance.)
Nos. of participants	max. 8
Content	<p>What if the key to choosing the right career isn't just about grades or job prospects—but about who you are?</p> <p>This interactive workshop invites you to explore the connection between your personality, and authentic self—and how these shape your career choices. Instead of focusing only on what you can do, we'll look at what you should do to build a fulfilling future that feels right for you.</p> <p>Through guided self-reflection, personality assessments, group discussions, and trainer input you'll:</p> <ul style="list-style-type: none"> • Discover your unique personality traits and what they mean for your career • Understand how authenticity influences motivation, success, and satisfaction • Identify environments where you can thrive <p>Participants will leave with greater self-awareness, understanding of themselves, and the confidence to pursue a career path that fits to their personality.</p>
Prerequisites/ Materials	None, please bring your laptop to the workshop.
Reading list	Resources will be provided during the workshop.

Teaching method	Guided self-reflection, personality assessments, group discussions, and trainer input.
Charge	This Graduate Academy offering is directed at researchers, post-docs and doctoral students of the University of Lucerne and its partner institutions and is free of charge for these persons.