

## *Value-based research and leadership*

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<b>Organisation</b>	Graduate Academy
<b>Language</b>	English
<b>ECTS-Points</b>	1.5
<b>Nos. of participants</b>	max. 15
<b>Content</b>	<p>As humans, we strive to create meaning: in our private lives and certainly in our professional lives. We create meaning by acting according to values; we use values to set goals, to sustain commitment, to solve problems, to make better decisions and to motivate ourselves and our team in long-term projects. As a scientist, knowing your core values and keeping your actions aligned helps you to succeed by effectively leading yourself and others.</p> <p>Yet the demands of a fast paced, competitive and highly complex work environment, such as academia, oftentimes challenge to lead and research in a way that is rooted in who you are and what matters most to you. Therefore, while we all 'have' values, they can either be or become quite opaque, implicit and thus difficult to access, even for ourselves. This workshop helps you to understand both research and leadership through the lenses of values and principles, how they nurture your work and benefit your current career. The workshop is structured to be interactive; a mix of theoretical input, open discussions, group work and practical exercises.</p> <p>The core outcomes will enable you to:</p> <ul style="list-style-type: none"> <li>... gain an in-depth understanding of what values are, why they are fundamental and how they nurture your leadership skills and research career.</li> <li>... identify your individual set of core values and develop your own work ethics and leadership philosophy.</li> <li>... understand why many challenges in the workplace (e.g., decision making, conflict, or productivity) usually come down to values and how a more elaborate understanding of those is key to their mastery.</li> </ul>
<b>Notes</b>	This Graduate Academy offering is directed at researchers, post-docs, doctoral students, people interested in starting a dissertation and employees of Lucerne universities and their partner institutions and is free of charge for these persons.