

## Publications Andrew Gloster

### PUBLICATIONS OF PARTICULAR SIGNIFICANCE

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- Studies that highlight my research on **intervention and implementation** include publications 127, 124, 114, 88, 86, 76, 71, 70, 67, 66, 65, 62, 59, 57, 56, 53, 52, 51, 47, 44, 42, 41, 38, 37, 36, 35, 34, 32, 31, 30, 28, 23, 16, 14, 7
- Studies that highlight my research using **technology and mobile interventions** include publications: 120, 101, 96, 81, 80, 77, 68, 66, 59, 56, 55, 54, 49
- Studies that highlight my research on **social interactions and prosocial behavior** include publications: 125, 115, 111, 110, 108, 107, 104, 98, 95, 94, 88, 87, 84, 82, 81, 72
- Studies that highlight my research on **behavioral health psychology** include publications: 83, 80, 78, 61, 59, 56, 54, 53
- Studies that highlight my research on **public mental health and psychiatric epidemiology** include publications: 126, 117, 106, 102, 89, 75, 73, 58, 53, 50, 40, 39, 24, 19, 18, 17, 15, 10, 9, 6, 3

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### ARTIKEL MIT PEER REVIEW / PEER-REVIEWED PUBLICATIONS (\*denotes inclusion of supervised students)

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128. Ciarrochi, J., Sahdra, B., Fraser, M., Hayes, S., Yap, K., **Gloster, A.** (in press). The Compassion Connection: Experience Sampling Insights into Romantic Attraction. *Journal of Contextual Behavioral Science*.
127. \***Gloster, A.T.**, Nadler, M., Block, V., Haller, E., Rubel, J., Benoy, C., Villanueva, J., Bader, K., Walter, M., Lang, U., Hofmann, S.G., Ciarrochi, J., Hayes, S.C. (in press). When average isn't good enough: Identifying meaningful subgroups in clinical data. *Cognitive Therapy and Research*.
126. Ribeiro, S., Silva, A.N., Neto, D.D., **Gloster, A.T.**, Kassianos, A.P., & Karekla, M. (2023). Impacto psicológico da COVID-19: efeito da mediação-moderada do suporte social percebido e da flexibilidade psicológica [Psychological impact of COVID-19: moderated mediation effect on the perceived social support and the psychological flexibility]. *Revista Psicologia, Saúde & Doenças* Vol. 24, Nº. 2, 632-643.
125. Elmer, T., Ram, N., **Gloster, A.T.**, Bringmann, L. (2023). Studying daily social interaction quantity and quality in relation to depression change: A multi-phase sampling study. *Personality and Social Psychology Bulletin*.
124. \***Gloster, A. T.**, Haller, E., Villanueva, J., Block, V.J., Benoy, C., Meyer, A. H., Brögi, S., Karekla, M., Bader, K., Walter, M., Lang, U. (2023). Psychotherapy for Chronic In- and Outpatients with Common Mental Disorders: The "Choose Change" Effectiveness Trial. *Psychotherapy and Psychosomatics*.
123. \*Sahdra, B.K., Ciarrochi, J., Fraser, M.I., Yap, K., Haller, E., Hayes, S.C., Hofmann, S.G., & **Gloster, A.T.** (2023). The Compassion Balance: Understanding the Interrelation of Self- and Other-Compassion for Optimal Well-being. *Mindfulness*.
122. Konstantinou, P., Ioannou, M., Melanthiou, D., Georgiou, K., Almas, I., **Gloster, A. T.**, Kassianos, A. P., & Karekla, M. (2023). The impact of acceptance and commitment therapy (ACT) on quality of life and symptom improvement among chronic health conditions: A systematic review and meta-analysis. *Journal of Contextual Behavioral Science*.

121. Konstantinou, P., Trigeorgi, A., Georgiou, C., Michaelides, M., **Gloster, A. T.**, Georgiou, E., Panayiotou, G., & Karekla, M. (2023). Functional versus Dysfunctional Coping with Physical Pain: An Experimental Comparison of Acceptance vs. Avoidance Coping. *Behaviour Research and Therapy*.
120. Villanueva, J., Meyer, A., Block, V.J., Benoy, C., Bader, K., Brogli, S., Karekla, M., Walter, M., Haller, E., Lang, Undine E., & **Gloster, A.T.** (2023). How mood is affected by environment and upsetting events: The moderating role of psychological flexibility. *Psychotherapy Research*.
119. Chong, Y.Y., Wai, T.C, Cheng, H.Y., Lamnisos, D., ...**Gloster, A.T.** #, Kassianos, A.P. #, & Karekla, M. # (2023). Predictors of changing patterns of adherence to containment measures during the early stage of COVID-19 pandemic: An international longitudinal study. *Globalization and Health*. # [= joint senior authors]
118. Alvarez-Galvez, J., Anastasiou, A., Lamnisos, D.,...**Gloster, A.T.** #, & Kassianos, A.P. # (2023). The impact of government actions and risk perception on the promotion of self-protective behaviors during the COVID-19 pandemic. *PLOS ONE*. # [= joint senior authors]
117. \*Chong, Y. Y., Frey, E., Chien, W. T., Cheng, H. Y., **Gloster, A.T.** (2023). The role of psychological flexibility in the relationships between burnout, job satisfaction and mental health among nurses combatting COVID-19: A two-region survey. *Journal of Nursing Scholarship*, 00, 1-14. <https://doi.org/10.1111/jnu.12874>
116. \*Hayes, S.C., Ciarrochi, J., Haller, E. & **Gloster, A.T.** (2022). Prozesse psychischer Flexibilität in der Akzeptanz- und Commitment- Therapie: Längsschnittliche Auswirkungen und kontextbedingte Beschränkungen. *Verhaltenstherapie & Psychosoziale Praxis*, 4: 679-691.
115. \***Gloster, A.T.**, Rinner, M., Haller, E., Hoyer, J., Mikoteit, T., Imboden, C., Hatzinger, M., Bader, K., Miché, M., Lieb, R., & Meyer, A.H. (2022). Is helping you helping me? The assessment of helping others using event-sampling methodology in a clinical and non-clinical sample. *British Journal of Social Psychology*. <https://doi.org/10.1111/bjso.12593>
114. **Gloster, A.T.** & Haller, E. (2022). Meaningful and lasting change – Psychotherapy in the light of evolutionary processes. *Clinical Psychology in Europe*, 4(3), e9859. <https://doi.org/10.32872/cpe.9859>
113. Aydin, G., Kassianos, A.P., Karekla, M., & **Gloster, A.T.** (2022). Perceived Stress in COVID-19 and the first post-lockdown activities. *Trakya Journal of Education*, 12, 1372-1385. <https://doi.org/10.24315/tred.983179>
112. Karekla, M., Demosthenous, G., Georgiou, C., Trigiorgi, A., Kouoshiou, M., ... **Gloster, A.T.** (2022). Machine Learning Advances the Classification and Prediction of Responding from Psychophysiological Reactions. *Journal of Contextual Behavioral Science*, 26, 36-43. <https://doi.org/10.1016/j.jcbs.2022.07.006>
111. \*Rinner, M., Haller, E., Meyer, A., & **Gloster, A.T.** (2022). Is giving receiving? The influence of autonomy on the association between prosocial behavior and well-being. *Journal of Contextual Behavioral Science*. <https://doi.org/10.1016/j.jcbs.2022.03.011>
110. Čolić, J., Bassett, T. R., Latysheva, A., Imboden, C., Bader, K., Hatzinger, M., ... & **Gloster, A.T.** #, Hoyer, J. # (2022). Predictors of Embarrassment in Daily Social Interactions in Social Phobia, Major Depression and Healthy Controls. *Journal of Social and Clinical Psychology*, 41(2), 105-127. <https://doi.org/10.1521/jscp.2022.41.2.105> # [= joint senior authors]
109. Rus, C. L., Oțoiu, C., Băban, A. S., Vâjâean, C., Kassianos, A. P., Karekla, M., & **Gloster, A. T.** (2022). Working as a Healthcare Professional and Wellbeing During the COVID-19 Pandemic: Work Recovery Experiences and Need for Recovery as Mediators. *Frontiers in Psychology*, 13, 718422-718422. <https://doi.org/10.3389/fpsyg.2022.718422>

108. \*Block, V. J., Haller, E., Villanueva, J., Meyer, A.H., Benoy, C., Walter, M., Lang, U. E., **Gloster, A.T.** (2022). Meaningful Relationships in Community and Clinical Samples: Their importance for well-being. *Frontiers in Psychology*, 13, 832520.  
<https://doi.org/10.3389/fpsyg.2022.832520>
107. \*Haller, E., Lubenko, J., Presti, G., Squatrito, V., ...**Gloster, A.T.** (2022). To help or not to help? Prosocial behavior, its association with well-being, and predictors of prosocial behavior during the COVID-19 pandemic. *Frontiers in Psychology*, 12, 775032.  
<https://doi.org/10.3389/fpsyg.2021.775032>
106. Kassianos, A.P., Georgiou, A., ... **Gloster, A.T.** #, Karekla, M. #, & Constantinidou, A. [# = joint senior authors] (2022). Mental health adherence to COVID-19 protective behaviors among cancer patients during the COVID-19 pandemic: An international, multinational cross-sectional study. *Cancers*, 13(24), 6294. <https://doi.org/10.3390/cancers13246294>
105. Papageorgiou, D., Kassianos, A.P., Lamnisos, D., Constantinou, M., Nicolaou, C., Papacostas, S., **Gloster, A.T.** #, Karekla, M. #, (2021). Mental Health and Wellbeing During the First vs. Second Covid-19 Pandemic Lockdown in Cyprus. *European Journal of Psychology Open*, 80(1-2), 40-49. <https://doi.org/10.1024/2673-8627/a000008>
104. \*Büttner, C., **Gloster, A.T.**, Greifeneder, R. (2021). Your Phone Ruins Our Lunch: Attitudes, Norms, and Valuing the Interaction Predict Phone Use and Phubbing in Dyadic Social Interactions. *Mobile Media & Communication*, 205015792110599.  
<https://doi.org/10.1177/20501579211059914>
103. \***Gloster, A.T.**, Block, V.J., Klotsche, J., Villanueva, J., Rinner, M., Benoy, C., Walter, M., Karekla, M., Bader, K. (2021). Psy-Flex: A contextually sensitive measure of psychological flexibility. *Journal of Contextual Behavioral Science*, 22, 13–23.  
<https://doi.org/10.1016/j.jcbs.2021.09.001>
102. Nicolaou, C., ..... Kassianos, A.P#, Karekla, M. #, & **Gloster, A.T.** # [# = joint senior authors] (2021). Mental health status of healthcare workers during the COVID-19 outbreak: An international study. *European Journal of Psychology Open*, 80(1–2), 62–76.  
<https://doi.org/10.1024/2673-8627/a000010>
101. \***Gloster, A.T.**, Meyer, A.H., Klotsche, J., Villanueva, J., Block, V.J., Benoy, C., Rinner, M., Walter, M., Lang, U.E., Karekla, M. (2021). The spatiotemporal movement of patients in and out of a psychiatric hospital: An observational study. *BMC Psychiatry*, 21, 165.  
<https://doi.org/10.1186/s12888-021-03147-9>
100. Klein, J.P., **Gloster, A.T.**, & Burian, R. (2021). Akzeptanz und Commitment Therapie (ACT): eine praxisorientierte Einführung. [Acceptance and Commitment Therapy (ACT): A practical introduction]. *PSYCH up2date*, 15(04), 339 – 356. <https://doi.org/10.1055/a-1289-1280>
99. Richter, J., Pané-Farré, C.A., Gerlach, A.L., **Gloster, A.T.**, ...Hamm, A.O. (2021). Transfer of exposure therapy effects to a threat context not considered during treatment in patients with panic disorder and agoraphobia: implications for potential mechanisms of change. *Behaviour Research and Therapy*, 142(July 2021), 103886.  
<https://doi.org/10.1016/j.brat.2021.103886>

98. Chong, Y.Y., Chien, W.T., Cheng, H.Y., Lamnisos, D., Lubenko, J..., **Gloster, A.T.** #, Karekla, M. #, Kassianos, A.P#. [# = joint senior authors] (2021). Patterns of psychological responses among the public during the early phase of COVID-19: A cross-regional analysis. *International Journal of Environmental Research and Public Health*, 18(8), 4143. <https://doi.org/10.3390/ijerph18084143>
97. Hayes, S.C., Merwin, R., McHugh, L., Sandoz, E,...**Gloster, A.T.**....McCracken, L.M. (2021). Report of the ACBS Task Force on the strategies and tactics of contextual behavioral science research. *Journal of Contextual Behavioral Health*, 20, 172–183. <https://doi.org/10.1016/j.jcbs.2021.03.007>
96. \*Villanueva, J., Meyer, A.H., Mikoteit, T., Hoyer, J., Imboden, C., Bader, K., Hatzinger, M., Lieb, R., **Gloster, A.T.** (2021). Having Versus Not Having Social Interactions in Patients Diagnosed with Depression or Social Phobia and Controls. *PLoS ONE* 16(4): e0249765. <https://doi.org/10.1371/journal.pone.0249765>
95. Chong, Y.Y., Wai, T.C., Cheng, H.Y., Kassianos, A.P., **Gloster, A.T.**, Karekla, M. (2021). Can psychological flexibility and prosociality mitigate illness perceptions toward COVID-19 on mental health? A cross-sectional study among Hong Kong adults. *Globalization and Health*, 17, 43 (2021). <https://doi.org/10.1186/s12992-021-00692-6>
94. \***Gloster, A.T.**, Haller, E., & Greifeneder, R. (2021). The centrality of human interaction: Shared paths and synergistic opportunities for clinical and social psychology. *Zeitschrift für Psychologie*, 229(3), 143–147. <https://doi.org/10.1027/2151-2604/a000445>
93. Richter, J., Pietzner, A., Koenig, J., Thayer, J.F., Pané-Farré, C.A., Gerlach, A.L., **Gloster, A.T.**...Hamm, A.O. (2021). Vagal control of the heart decreases during increasing imminence of interoceptive threat in patients with panic disorder and agoraphobia. *Nature – Scientific Reports*, 11, 7960 (2021). <https://doi.org/10.1038/s41598-021-86867-y>
92. Neto, D.D., da Silva, A. N., Roberto, M.S., Lubenko, J., ...**Gloster, A.T.** #, Karekla, M. #, Kassianos, A. P.# [# = joint senior authors] (2021). Illness Perceptions of COVID-19 in Europe: Predictors, Impacts and Temporal Evolution. *Frontiers in Psychology*, 12, 640955. <https://doi.org/10.3389/fpsyg.2021.640955>
91. Constantinou, M., **Gloster, A.T.**, & Karekla, M. (2021). I won't comply because it is a hoax: Conspiracy beliefs, lockdown compliance, and the importance of psychological flexibility. *Journal of Contextual Behavioral Science*, 20 (2021), 46–51. <https://doi.org/10.1016/j.jcbs.2021.03.001>
90. Wahl, K., Hout, M., Heinzel, C.V., Kollárik, M., Meyer, A., Benoy, C., Berberich, G., Domschke, K., **Gloster, A.T.** ...Lieb, R. (2021). Rumination about obsessive symptoms and mood maintains obsessive-compulsive symptoms and depressed mood: An experimental study. *Journal of Abnormal Behavior*, 130(5), 435–442. <https://doi.org/10.1037/abn0000677>
89. **Gloster, A.T.**, Lamnisos, D., Lubenko, J., Presti, G., Squatrito, V,...Kassianos, A.P., & Karekla, M. (2020). Impact of COVID-19 pandemic on mental health: An international study. *PLoS ONE* 15(12): e0244809. <https://doi.org/10.1371/journal.pone.0244809>
88. **Gloster, A.T.**, Rinner, M., & Meyer, A. (2020). Increasing Prosocial Behavior and Decreasing Selfishness in the Lab and Everyday Life. *Nature – Scientific Reports*, 10, 21220 (2020). <https://doi.org/10.1038/s41598-020-78251-z>

87. Čolić, J., Latysheva, A., Bassett, T.R., Imboden, C., Bader, K., Hatzinger, M., Mikoteit, T., Lieb, R., **Gloster, A.T.** #, Hoyer, J.# [= joint senior authors] (2020). Post-event processing after embarrassing situations: Comparing experience sampling data of depressed and socially anxious individuals. *Clinical Psychology in Europe*, 2(4), 1-23.  
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86. \***Gloster, A.T.**, Walder, N., Levin, M., Twohig, M., & Karekla, M. (2020). The Empirical Status of Acceptance and Commitment Therapy: A Review of Meta-Analyses. *Journal of Contextual Behavioral Science*, 18, 181-192. <https://doi.org/10.1016/j.jcbs.2020.09.009>
85. Chong, Y.Y., Chien, W.T., Cheng, H.Y., Chow, K.M., Kassianos, A.P., Karekla, M., & **Gloster, A.T.** (2020). The Role of Illness Perceptions, Coping and Self-Efficacy on Adherence to Precautionary measures for COVID-19. *International Journal of Environmental Research and Public Health*, 17, 6540. <https://doi.org/10.3390/ijerph17186540>
84. **Gloster, A.T.**, Hoyer, J., Karekla, M., Meyer, A.H., Bader, K., Imboden, C., Mikoteit, T., Hatzinger, M., & Lieb, R. (2020). How response styles moderate the relationship between daily stress and social interactions in depression, social phobia, and controls. *Psychotherapy and Psychosomatics*, 90(4), 280-284. <https://doi.org/10.1159/000511102>
83. **Gloster, A.T.**, Zacharia, M., & Karekla, M. (2020). Psychological aid for frontline healthcare workers. *Clinical Neuropsychiatry*, 17(4), 253- 254.  
<https://doi.org/10.36131/cnfioritieditore20200406>
82. \*Villanueva, J., ..., **Gloster, A.T.** (2020). The everyday lives of in- and outpatients when beginning therapy: The importance of values-consistent behavior. *International Journal of Clinical and Health Psychology*, 1-9. <https://doi.org/10.1016/j.ijchp.2020.02.002>
81. Čolić, J., Bassett, T.R., Latysheva, A., Imboden, C., Bader, K., Hatzinger, M., Mikoteit, T., Lieb, R., **Gloster, A.T.** #, Hoyer, J.# [= joint senior authors] (2020). Depersonalization and derealization in embarrassing social interactions: An experience sampling study in social phobia, major depression and controls. *Journal of Anxiety Disorders*, 70, 1-7.  
<https://doi.org/10.1016/j.janxdis.2020.102189>
80. \*Block, V.J., Meyer, A.H., Miché, M., Mikoteit, T., Hoyer, J., Imboden, C., Bader, K., Hatzinger, M., Lieb, R., & **Gloster A.T.** (2020). The effect of anticipatory stress and openness and engagement on subsequently perceived sleep quality - an Experience Sampling Method Study. *Journal of Sleep Research*, 29(5), e12957. <https://doi.org/10.1111/jsr.12957>
79. Presti, G., McHugh, L., **Gloster, A.T.**, Karekla, M., & Hayes, S. (2020). The dynamics of fear at the time of Covid-19: A Contextual Behavioral Science perspective. *Clinical Neuropsychiatry*, 17, 72-78. <https://doi.org/10.36131/CN20200206>
78. Karekla, M., Savvides, S.N., & **Gloster, A.T.** (2020). An Avatar-led Intervention Promotes Smoking Cessation in Young Adults: A Pilot Randomized Clinical Trial. *Annals of Behavioral Medicine*, 54(10), 747-760. <https://doi.org/10.1093/abm/kaaa013>
77. Konstantinou, P., Trigeorgi, A., Georgiou, C., **Gloster, A.T.**, Panayiotou, G., & Karekla, M. (2020). Comparing apples and oranges or different types of citrus fruits? Using wearable vs. stationary devices to analyze psychophysiological data. *Psychophysiology*, 9, 1-21.  
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76. **Gloster, A.T.**, Rinner, M., Ioannou, M., Villanueva, J., Firsching, V., Ferrari, G., Benoy, C., Bader, K., Karekla, M. (2020). Treating Treatment Non-Responders: A Meta-Analysis of Randomized Controlled Psychotherapy Trials. *Clinical Psychology Review*, 75, 1-15. <https://doi.org/10.1016/j.cpr.2019.101810>
75. \* Miché, M., Studerus, E., Meyer, A.H., **Gloster, A.T.**, Beesdo-Baum, K., Wittchen, H.-U., Lieb, R. (2020). Prospective prediction of suicide attempts in community adolescents and young adults, using regression methods and machine learning. *Journal of Affective Disorders*, 265, 570-578. <https://doi.org/10.1016/j.jad.2019.11.093>
74. Hoyer, J., Colic, J., Grübler, G., & **Gloster, A.T.** (2020). Valued living before and after CBT. *Journal of Contemporary Psychotherapy*, 50, 37–45. <https://doi.org/10.1007/s10879-019-09430-x>
73. \*Miché, M., Hofer, P. D., Voss, C., Meyer, A. H., **Gloster, A. T.**, Beesdo-Baum, K., Wittchen, H.-U. & Lieb, R. (2020). Specific traumatic events elevate the risk of a suicide attempt in a 10-year longitudinal community study on adolescents and young adults. *European Child and Adolescent Psychiatry*, 29, 179-186. <https://doi.org/10.1007/s00787-019-01335-3>
72. \* Villanueva, J., Meyer, A.H., Miché, M., Wersebe, H., Mikoteit, T., Hoyer, J., Imboden C., Bader, K., Hatzinger, M., Lieb, R., & **Gloster, A.T.** (2019). Social interaction in Major Depression Disorder, Social Phobia, and Controls: The importance of Affect. *Journal of Technology in Behavioral Science*, 5(2), 139-148. <https://doi.org/10.1007/s41347-019-00121-x>
71. \*Benoy, C., Meyer, A., Knitter, B., Pinhard, K., Walter, M., Bader, K., & **Gloster, A.T.** (2019). Akzeptanz- und Commitment-Therapie mit Therapieresistenten Störungen im Stationären Setting: Eine Beobachtungsstudie. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 48(2), 90-100. <https://doi.org/10.1026/1616-3443/a000532>
70. \*Benoy, C., Knitter, B., Schumann, I., Bader, K., Walter, M., & **Gloster, A. T.** (2019). Treatment sensitivity: Its importance in the measurement of psychological flexibility. *Journal of Contextual Behavioral Science*, 13, 121-125. <https://doi.org/10.1016/j.jcbs.2019.07.005>
69. Ridderbusch, I., Richter, J., Yang, Y., Höfner, M., Weber, H., ... **Gloster, A.T.**, ... Staube, B. (2019). Association of rs7688285 allelic variation coding for GLRB with fear reactivity and exposure-based therapy in patients with panic disorder and agoraphobia. *European Neuropsychopharmacology*, 29(10), 1138-1151. <https://doi.org/10.1016/j.euroneuro.2019.07.133>
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67. Karekla, M., Konstantinou, P., Ioannou, M., Kareklas, I., & **Gloster, A.T.** (2019). The phenomenon of treatment dropout, reasons and moderators in Acceptance and Commitment Therapy and other active treatments: A meta-analytic review. *Clinical Psychology in Europe*, 1(9), 1-36. <https://doi.org/10.32872/cpe.v1i3.33058>
66. \*Villanueva, J., Meyer, A.H., Rinner, M., Firsching, V.J., Benoy, C., Brogli, S., Walter, M., Bader, K., **Gloster, A.T.** (2019). “Choose Change”: Design and Methods of an Acceptance and Commitment Therapy Effectiveness Trial for Transdiagnostic Treatment-Resistant Patients. *BMC Psychiatry*, 19(173), 1-12. <https://doi.org/10.1186/s12888-019-2109-4>

65. Gottschalk, M., Richter, J., Ziegler, C., Schiele, M., Mann, J., Geiger, M., Schartner, C., Homola, G., Alpers, G., Büchel, C., Fehm, L., Fydrich, T., Gerlach, A., **Gloster, A.T.**, Helbig-Lang, S., Kalisch, R., Kircher, T., Lang, T., Lonsdorf, T., Pané-Farré, C., Ströhle, A., Weber, H., Zwanzger, P., Arolt, V., Romanos, M., Wittchen, H.U., Hamm, A., Pauli, P., Reif, A., Deckert, J., Neufang, S., Höfler, M., & Domschke, K. (2019). Orexin in the anxiety spectrum: Association of a HCRTR1 polymorphism with panic disorder/agoraphobia, CBT treatment response and fear-related intermediate phenotypes. *Translational Psychiatry*, 9, 75. <https://doi.org/10.1038/s41398-019-0415-8>
64. \*Benoy, C., Knitter, B., Knellwolf, L., Doering, S., Klotsche, J., & **Gloster, A.T.** (2019). Assessing psychological flexibility: Validation of the Open and Engaged State Questionnaire. *Journal of Contextual Behavioral Science*, 12, 253-260. <https://doi.org/10.1016/j.jcbs.2018.08.005>
63. Hommers, L., Richter, J., Yang, Y., Raab, A., Baumann, C., Lang, K., Schiele, M., Weber, H., Wittmann, A., Wolf, C., Alpers, G., Arolt, V., Domschke, K., Fehm, L., Fydrich, T., Gerlach, A., **Gloster, A.T.**, Hamm, A., Helbig-Lang, S., Kircher, T., Lang, T., Pané-Farré, C., Pauli, P., Pleiderer, B., Reif, A., Romanous, M., Straube, B., Ströhle, A., Wittchen, H.-U., Frantz, S., Ertl, G., Lohse, M., Lueken, U., & Deckert, J. (2018). A functional genetic variation of SLC6A2 repressor has-miR-579-3p upregulates sympathetic noradrenergic processes of fear and anxiety. *Translational Psychiatry*, 8, 1-24. <https://doi.org/10.1038/s41398-018-0278-4>
62. Wendt, J., Hamm, A., Pané-Farré, C. A., Thayer, J.F., Gerlach, A., **Gloster, A. T.**, Lang, T., Helbig-Lang, S., Pauli, P., Fydrich, T., Ströhle, A., Kircher, T., Arolt, V., Deckert, J., Wittchen, H-U, & Richter, J. (2018). Pre-treatment cardiac vagal tone predicts dropout from and residual symptoms after exposure therapy in patients with panic disorder and agoraphobia. *Psychotherapy and Psychosomatics*, 87(3), 187-189. <https://doi.org/10.1159/000487599>
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**EINGEREICHTE ARTIKEL (AUSWAHL) / SUBMITTED FOR PEER-REVIEW (SELECTION) (\* denotes inclusion of supervised students)**

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- Ciarrochi, J., Sahdra, B., Hayes, S.C., Hofmann, S.G., Sanford, B., Stanton, C., Yap, K., Fraser, M.I., Gates, K., **Gloster, A.T.** (in review). A personalized-approach to identifying important determinants of well-being.
- Ciarrochi, J., Sahdra, B., Fraser, M., Hayes, S., Yap, K., **Gloster, A.T.** (in review). The compassion connection: Experience sampling insights into romantic attraction.

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**ARTIKEL OHNE PEER REVIEW/ CHAPTERS (\* denotes inclusion of supervised students)**

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16. Villanueva, J. & **Gloster, A.T.** (in press). Akzeptanz- und Commitment Therapie (ACT) für Angststörungen.
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## Other Publications

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4. Benoy, C., Villanueva, J., Romanczuk-Seiferth, N., **Gloster, A.T.** (2023). *Akzeptanz- und Commitment-Therapie (ACT)*. Kohlhammer: Stuttgart.
3. Lang, T., Helbig-Lang, S., Westphal, D., **Gloster, A. T.** & Wittchen, H.-U. (2018). *Expositionsbasierte Therapie der Panikstörung mit Agoraphobie: Ein Behandlungsmanual* (2nd ed.) [Exposure-Based Therapy for Panic Disorder with Agoraphobia: A Treatment Manual]. Göttingen: Hogrefe.
2. Eifert, G. & **Gloster, A. T.** (2016). *ACT bei Angststörungen: Ein praktisch bewährtes Therapiemanual* [ACT for Anxiety Disorders: A Practical and Tested Therapy Manual.] Göttingen: Hogrefe.
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### SAMMELBÄNDE/ EDITED BOOKS

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2. Gerlach, A. & **Gloster, A. T.** (Eds). (2021). *The Wiley Handbook of Generalized Anxiety Disorder*. West Sussex: Wiley.
1. Waadt, M., Martz, J., & **Gloster, A. T.** (Eds). (2015). *Arbeiten mit Akzeptanz und Commitment Therapie: Fallstudien* [Working with Acceptance and Commitment Therapy: Case Studies]. Bern: Hans Huber.

### JOURNAL PROCEEDINGS

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1. Greifeneder, R. & **Gloster, A.T.** (2019). Call for Papers: “Clinical and Social Psychology: Identifying Commonalities and Synergies to Advance Research and Practice”. *Zeitschrift für Psychologie*.

### ARTICLES FOR THE GENERAL PUBLIC

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1. Selin, D., Marlinghaus, L., Fruck, J., & **Gloster, A.T.** (2021). Annehmen statt vermeiden. *Gehirn & Geist*, 5/2021.

### PEER-REVIEWED CONFERENCE PROCEEDINGS (\* denotes inclusion of supervised students)

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23. Urech, C., Grossert, A., **Gloster, A. T.**, Handschin, B., Scherer, S., Berger, T., Gaab, J., Zumbrunn, T., Hess, V., & Alder, J. (2018) *Psycho-oncology*, 27, 12.
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21. Firsching, V., Meyer, A., Mikoteit, T., Hoyer, J., Imboden, C., Bader, K., Hatzinger, M., & **Gloster, A. T.** (2018). The influence of anticipatory stress on sleep. Preliminary results from an experience sampling method study. *Journal of sleep research*, 27.
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